

# Osteoarthritis

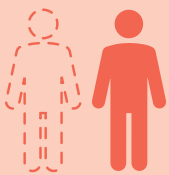
What you need to know.

## What is knee osteoarthritis?

Osteoarthritis of the knee is caused by the **wear and tear of the cartilage** in the knee, usually over time.

**31 million**

people in the United States suffer from osteoarthritis.



One in every two people will develop osteoarthritis by age 85.

## Are you at risk?

**60%**



After age 55, 60% of those with knee osteoarthritis are women.

In the U.S., there are more people in **Florida**, Texas, and California living with arthritis than any other states.



## What are the symptoms?



Pain



Swelling



Limited mobility



Joint thickening and deformation

## What can you lose?

Loss of quality of life

**50%**

of adults ages 45-75 with OA of the knee who have not had joint replacement surgery avoid activities such as walking, standing, or using stairs.



## Did you know...

People in the state of Florida spend

**\$149.9 MILLION**

per year on pain medication.



**43,819**

knee repair surgeries took place in Florida in 2014.

## What you can do about it

Agilium Freestep can help users reduce the amount of pain medication they take and avoid surgery. The Agilium Freestep uses an ankle-foot device to shift your body weight for instant pain relief.

### Agilium Freestep benefits



Comfort



Less pain



Lightweight



Fits under clothes



## Keep these tips in mind



Download the patient guide



Talk to your doctor



Don't settle for a knee brace



Get referred to an orthotist